

Consultation Services

Please feel free to ask about anything.

Type of Consultation	Contact Details	Time & Languages	Notes
General Everyday Matters	Niigata City International Exchange Foundation 3-2086 Ishizuecho-dori, Chuo-ku, Niigata City Crosspal Bldg. 2F TEL: 025-225-2727 Email: kyokai@nief.or.jp URL: https://www.nief.or.jp	Mon–Fri 9:00–16:00 (excluding holidays) English, Chinese, Korean, French, Russian	Available as Required
	Niigata Help Association TEL: 025-228-2212 / 080-6596-0168	Every Day: 10:00–23:00 Spanish, English, Korean, Tagalog, Thai, Chinese, and others.	Appointment Required
	Niigata International Association Bandaijima Bldg. 2F, 5-1 Bandaijima, Chuo-ku, Niigata City TEL: 025-241-1881 Email: nia21c@niigata-ia.or.jp URL: http://www.niigata-ia.or.jp/	English: Mon & Thu 10:00–14:00 Chinese: Wed 10:00–14:00 Thai: Tue 10:00–14:00 Tagalog: Mon 10:00–14:00	
	Helpline for Foreigners TEL: 0120-279-338 URL: http://279338.jp/yorisoi/foreign/	Call the toll-free number and press 2 after the Japanese guidance,	Suicide prevention, domestic violence help, and more
Women’s Counseling	The Public Health and Welfare Divisions of: Chuo Ward Office TEL: 025-223-7236 Higashi Ward Office TEL: 025-250-2331 Konan Ward Office TEL: 025-382-4313 Akiha Ward Office TEL: 0250-25-5684 Minami Ward Office TEL: 025-372-6310 Nishi Ward Office TEL: 025-264-7343 Nishikan Ward Office TEL: 0256-72-8389	Mon–Fri (excluding weekends and holidays) 9:00–16:00	You must arrange for an interpreter.
	Alza Niigata Bandai Citizens’ Hall 3F. 9-1 Higashibandai-cho, Chuo-ku, Niigata City TEL: 025-245-0545	Phone Counseling (20 min/person) Wed. & Sun. 10:00-15:30 Fri. 14:00-19:30 In Person Counseling (1 hr/person) Tue.-Sat. 10:00-17:30	Appointment Required. You must arrange for an interpreter.
Education	Parents of Children With Non-Japanese Citizenship School Affairs Division, Niigata City Board of Education, Niigata City Office TEL: 025-226-3168	Mon–Fri (except holidays) 8:30-17:30	School Enrollment & Transfers
	Telephone Educational Counseling Services Niigata International Association TEL: 025-241-1881	Tue 10:00–14:00 English, Chinese, Thai	
Medical Information	Niigata Medical Care Information Network URL: http://qq.niigata-iyaku.jp/	English, Chinese, Korean	Healthcare provider search engine
	AMDA International Medical Information Center Tokyo Office URL: http://amda-imic.com/ TEL: 03-6233-9266	Mon.–Fri. 10:00-15:00	Provides support in easy-to-understand Japanese
Immigration & Residential Matters	Niigata Prefecture Administrative Scrivener Association (gyosei-shoshi) TEL: 025-255-5225 3-4-8 Sasaguchi, Chuo-ku, Niigata City	Mon–Fri 8:30–17:15	You must arrange for an interpreter.
	Tokyo Immigration Office Niigata Branch Niigata Airport Terminal Building TEL: 025-275-4735 3710 Matsuhama-cho, Higashi-ku, Niigata City	Mon–Fri (except holidays) 9:00–16:00	
Driver’s License	Driver’s License Center 7-1-1 Higashiko, Seriomachi, Kitakanbara-gun TEL: 025-256-1212	Mon–Fri (except holidays) 9:00–17:00	Appointment required. You must arrange for an interpreter.
	JAF (Japan Automobile Federation) TEL: 0570-00-2811 URL: www.jaf.or.jp/	Mon–Fri: 9:00–19:00 Weekends & Holidays: 9:00–17:30	
Legal Matters	Niigata City Legal Advisory Services	(except holidays)	
	Public Opinion and Consultation Division Citizen Consultations Office TEL: 025-226-1025	Mon; 1 st Wed 13:15-16:15 1 st & 3 rd Fri 9:00-12:00	Appointment required.
	Kita Ward Sawayaka Center TEL: 025-386-0745	1 st & 3 rd Tue 13:15-16:15	30 min consultation per person.
	Higashi Ward Office TEL: 025-250-2235	2 nd & 4 th Tue 13:15-16:15	
	Konan Ward Office TEL: 025-382-4203	1 st & 3 rd Thu 13:15-16:15	
	Akiha Ward Office TEL: 0250-25-5674	2 nd & 4 th Fri 13:15-16:15	Visitors must provide their own interpreter.
	Minami Ward Office TEL: 025-372-6105	2 nd & 4 th Wed 13:15-16:15	
	Nishi Ward Office TEL: 025-264-7211	2 nd & 4 th Thu 13:15-16:15	
	Nishikan Ward Office TEL: 0256-72-8317	3 rd Wed 13:15-16:15	
Niigata Prefectural Bar TEL: 025-222-5533 1-1 Gakkocho-dori, Chuo-ku, Niigata City URL: http://www.niigata-bengo.or.jp/	Mon–Fri 9:00–17:00 (except holidays)	Appointment required. You must arrange for an interpreter. ¥5,400/30 min	

	Japan Legal Support Center “Houterasu” Niigata Office TEL: 050-3383-5420 Niigata Higashinaka-dori Bldg. 2F 1-86-51 Higashinaka-dori, Chuo-ku, Niigata City	Mon–Fri 9:00–17:00	Appointment required. You must arrange for an interpreter.
	“Houterasu” Multilingual Information Service TEL: 0570-078-377	Mon–Fri 9:00–21:00 Sat 9:00–17:00 English, Chinese, Korean, Spanish, Portuguese, Vietnamese, & Tagalog	
Work & Labor	Hello Work Niigata, Foreign National Advisory Service 1-2-1 Misaki-cho, Chuo-ku, Niigata City Niigata Misaki Godo Chosha # 2 1F, 2F URL: www.hellowork-niigata.go.jp/ TEL: 025-280-8609	1 st –4 th Weds 13:00–16:00 English & Chinese	Please confirm language ahead of time
	Niigata Work & Labor Advisory Center TEL:025-378-2163 NEXT21 12F, 6-866 Nishibori-dori Chuo-ku, Niigata City Email: info@niigata-elcc.jp	Mon–Sat (except holidays) 8:30–19:00 English, Chinese, Korean	Appointment Required.

(Current as of February 2019)