



Niigata English Journal

Edited & Issued by the Niigata City International Exchange Foundation

Mail magazine: Email us to receive this newsletter every month

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Let's Make American Christmas Cookies!

Niigata City's American CIR (that's me!) will teach how to make two different types of cookies commonly eaten during the Christmas season in the US and give a mini lecture on the culture of Christmas cookies.

*Please note that both cookie recipes contain nuts.

Date: December 7th (Sat) 13:30-16:00

Location: Crosspal 5th Floor Cooking Room

Fee: ¥1,500

Spots: 15 people (elementary school aged children and older, elementary students must be accompanied by an adult)

What to bring: Apron, bandana, towel

Contact: TEL: 025-225-2727

Sign up using the code above (starting 11/20)



Let's Try Japanese Calligraphy!

Learn how to write Japanese calligraphy (shodo)! This class is for foreign residents who are interested in trying shodo. When you sign up, please say what class time you want to join (Group 1 or 2).

Date: December 14th (Sat)

Group 1: 13:30, **Group 2:** 14:30

Fee: ¥100 (for paper)

Spots: 10 people per group

Location: Crosspal 4th Floor,

Classrooms 403 & 404

Sign up: TEL: 025-225-2727, Email:

kyokai@nief.or.jp, or use the code



Chinese Cooking Lesson

Learn about Chinese culture through cooking! A chef from the well-known Chinese restaurant "Harbin" in Kashiwazaki will teach how to make meat buns and egg soup. Sign up by November 20th using the code.

Date: November 23rd (Sat) 9:30-12:00

Location: Toyano Community Center,
3-3-1 Shinwa, Chuo Ward

Fee: ¥1,500 (elementary schoolers ¥500)

What to bring: Apron, towel

Contact: Mr. Yoshida,

Email: aska3.141@gmail.com



Free Consultation for Foreign Residents

The Tokyo Regional Immigration Bureau is offering free consultation for foreign residents of Niigata City. Get free consultation on residential status, pension procedures, advice on daily life, legal issues, and more! Interpreters available for English, Chinese, Korean, Thai, Portuguese, Spanish, Vietnamese, Filipino, Indonesian, and Nepali. No reservation needed. 30 minutes per person.

Date: December 1st (Sun) 11:00-15:00

Location: CrossPal 5th Floor Exchange Hall

Fee: Free!

Contact: Tokyo Regional Immigration Bureau

TEL: 03-5363-3015



Refugee Film Festival

Japan for UNHCR, the UN Refugee Agency, is hosting a film festival online to promote understanding and support for refugees. Films can be viewed for free or you can choose to provide a donation to the organization to help support refugees.

Featured films: *The Walk*, *In the Rearview*, *Peace by Chocolate*, *Rosemary's Way*, *The Staging Post*, *What We Saw: Gaza*, *the Children of Samuni Family*.

Date: November 7th - 30th

Location: Online

Fee: Free, donations are appreciated



Salon Exhibit: Romania

Romania is where Dracula came from, right? That's not all! Stop by and learn more about Romania and all of its wonders, featuring slides and photos from the lecture given in June.

Date: Sep. 13th (Fri) - Nov. 20th (Wed) 9:00-17:00

Closed: Sundays and holidays

Location: NIEF Exchange Salon (CrossPal 2nd floor)

Sign Language Noh Performance

Come and enjoy a unique Noh performance featuring sign language. This will be the first Noh sign language performance to be performed in Niigata. Productions include the famous *Tsuchigumo* (Earth Spider) and *Niwatori muko* (The Rooster Bridegroom).

If you're worried about not understanding the archaic language, don't worry! Tablets with English and modern Japanese commentary and translations are available to rent for ¥500.

Date: December 8th (Sun) 13:00

Location: Ryutopia Noh Theater

Tickets: ¥4,000 (all reserved seating),

U25 (ages 25 and under): ¥2,000

Contact/Tickets: 025-224-5521 (11:00 - 19:00)



Amalia Christmas Concert

Retired professional opera singer and active musician from Romania, Amalia, will hold a Christmas concert at a local Lutheran church. Come and enjoy your favorite Christmas songs sung by this talented musician!

Date: December 15th (Sun) 14:00 (doors open 13:30)

Location: Niigata Nozomi Lutheran Church

Tickets: ¥500 (elementary students and under: free)


Contact: Niigata Nozomi Lutheran Church

TEL 025-266-1525





Classes

Japanese Courses offered by the Niigata City International Exchange Foundation

Beginner through Intermediate 2	-Classes of varying difficulties are available at different times throughout the week. -Pricing info & the schedule for the current session are available on the NIEF website: https://www.nief.or.jp/		Ms. Kiyoko Tanaka Tel: (025) 225-2727
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Japanese Study Support Group for Children & Students: NicoPal Club (Free of charge)

Day of the Week & Hours	Room No.	Content	For more info.
Every Wed. (contact for info)	202	Please contact Ms. Tanaka for more information.	Ms. Kiyoko Tanaka Tel: (025) 225-2727
Every Sat. 10:00 - 11:30 *except 11/23 *Please register beforehand	201	This Japanese study circle offers support to children in the international community who are struggling with Japanese and other school studies.	

<p>Volunteer Japanese Classes</p> <p>https://www.nief.or.jp/en/jcvg</p> 	<p>International Cooking Class</p> <p>Classes have been cancelled for the rest of the year, but Ms. Ueno is looking forward to seeing everyone next year! Thank you for your continued support. (^_^)/~</p> 
<p>Where: Ms. Ueno's residence (3-4-16 Ogijima, Akiha Ward) For more info/sign-up: TEL: 0250-24-6859 (Ms. Ueno) – Please sign up at least three days before class</p>	

Information

Flu and COVID-19 Vaccines

Elderly people are at risk of severe symptoms if they become sick with the flu or COVID-19. Those who wish to get vaccinated are encouraged to do so as soon as possible.

*You can be vaccinated for both at the same time.
When: October 1, 2024 – March 31, 2025

Eligibility for financial assistance: ① People ages 65 or older ② People ages 60-64 with a Level 1 Physical Disability Certificate who have a heart, kidney, or respiratory condition, and people ages 60-64 with immune system disorders due to HIV

Vaccination site: Eligible facilities designated by Niigata City (see website for a list)

Individual cost: Flu: ¥1,650; COVID-19: approx. ¥4,000 (varies by vaccine type)

*Free for households receiving public assistance (livelihood protection)

Contact: Public Health Center TEL: 025-212-8123



Flu Shot Information



COVID-19 Vaccine Information

Niigata Event Calendar

Want to know what events are going on in your area? Good news! There is a calendar app called TimeTree that will keep you up to date on events happening in Niigata City. The calendar can be viewed in the app, on the Niigata City website, or through the Niigata City Official LINE account.



Niigata Help Association TEL: 025-228-2212	Everyday 10:00-23:00 English, Spanish, Korean, Chinese, Filipino, Thai, etc.
Niigata International Association TEL: 025-241-1881 Email: nia21c@niigata-ia.or.jp URL: https://www.niigata-ia.or.jp/	Weekdays 10:00-17:00 English, Russian, Chinese, Filipino, Thai, Vietnamese, Spanish, Portuguese
Helpline for Foreigners TEL: 0120-279-338 (toll-free)	Press 2 after the Japanese guidance
Niigata Medical Care Information Network URL: http://qq.niigata-iyaku.jp/	English, Chinese, Korean
Hello Work, Foreigner Advisory Service TEL: 025-280-8609 Niigata Misaki Godo Chosha #2 (1-2-1 Misaki-cho, Chuo Ward, Niigata City)	1 st – 4 th Wed 13:00-16:00 English & Chinese
Immigration Bureau Consultation	2 nd Tue. of the month (11/12) 13:00-17:00 Thai, Vietnamese, Russian
Gyoseishoshi Association of Niigata Consultation	4 th Wed. of the month (11/29)* 10:00-15:00 English, Chinese, Filipino
Free Legal Consultation for Foreign Residents Length of Consultation: 40 minutes per person	3 rd Thur. of odd numbered months (11/21) 13:00-17:00 English, Spanish, Portuguese, Russian
Houterasu Free Legal Consultation for Foreign Residents Length of Consultation: 40 minutes per person	3 rd Mon. of even numbered months (12/16) 13:00-17:00 English, Filipino
Education Consultation	Every Tue. 13:00-17:00 English, Chinese, Thai, Vietnamese, Russian
<p>Make a reservation by phone or email in advance.</p> <p>Place: Multilingual Consultation Center of Niigata (formerly Foreign Resident Consultation Center) (2nd floor of Toki Messe)</p> <p>*This month, Gyoseishoshi Consultation is on a Friday (11/29) instead of Wednesday, and is at the Niigata Immigration Office, inside of the Niigata Airport</p> <p>Contact: TEL: 025-241-1881 Email: nia10@niigata-ia.or.jp</p>	



Edited and Issued by the Niigata City International Exchange Foundation

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(Written and edited by Alyssa Williams & Ayako Homma)

CrossPal will be closed November 25th