



Niigata English Journal

Edited & Issued by the Niigata City International Exchange Foundation

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Mail magazine: email us at kyokai@nief.or.jp to receive this newsletter every month

Our blog: www.niigataej.wordpress.com

NCIEF Contact Info

•025-225-2727

•kyokai@nief.or.jp

It gets so hot after the rainy season ends... I think I will make that recipe on page 2 to cool down.

Free Legal Consultation for Foreign Residents

Need legal advice? On Friday, August 28th there will be an opportunity to meet with a lawyer and receive free consultation regarding legal matters. If you don't speak Japanese, language support can be provided for you.

Date: August 28th (Fri) 13:00–17:00

Place: CrossPal Niigata 2nd floor

Requirements: Must be non-Japanese resident living/working in Niigata

Language Support Available: English, Mandarin Chinese, Korean, French, Russian, and more

Places Available: 5 (reservation required)

Length of Consultation: 40 minutes per person

Reservations: Tell us your name, nationality, phone number, gender, and what you wish to discuss.

For more info/reservations: 025-225-2727 or kyokai@nief.or.jp



Yukata Stroll

Join us at the Niigata City International Exchange Foundation and walk around the historic Furumachi area in yukata. A perfect chance to get some great photos! All participants will receive a yukata (and help putting it on). The yukata will be yours to take home! There are only 20 spots that are first come first served!

When: August 29th (Sat)

Time: 2:00-5:00pm

Where: Start at CrossPal Niigata (5th floor Exchange Hall)

Participation Fee: 300 yen

Sign-up: By phone or email (tell us your name, phone number, nationality, and gender)
(First come first serve! Up to 20 people)

Contact: TEL 025-225-2727 or email kyokai@nief.or.jp

Schedule:

2:00pm	Start, putting on yukata
3:00pm	Go for a stroll, photo time
4:00pm	Return, finish up



Oshaberi Salon

Your neighborhood Niigata City CIRs each host conversation (oshaberi) hours where they lead discussions and talk in Japanese about topics related to their home country. Here is this month's topic!

Things about Korea that Surprise Japanese People

Date: September 8th (Tue)

Time: 2:00-3:00pm

Place: CrossPal Niigata 4th Fl Room 405

Sign-up: August 5th until spots are filled

Contact: TEL 025-225-2727 or email kyokai@nief.or.jp



NIEF Fall Japanese Classes

Applications for fall session Japanese classes are now open! Morning and evening classes are available in various beginners to intermediate levels. Stop in to the Friendship Center to pick up an application and get more information. Application forms and placement test are due by September 18th. If you miss the deadline, do not hesitate to come in and talk with us about it.



Please note that although the fall course is scheduled to finish in early February, in the case that CrossPal Niigata must close or classes are unable to be held due to the coronavirus, supplementary classes will be held in February or later as needed. This means that depending on the situation, the course may finish in March or later. Even if this happens and you are unable to attend all supplementary classes, please understand that class fees will not be refunded.

Classes Content and Schedule		Days of the Week	Times	Class Duration	Total Class Hours	Class Fee Single
A	Study beginner level materials while pursuing the basics of daily-life conversational skills.	W & F	10:00a-12:00p	9/30-2/5	72h (36 times)	15,000 yen
B		T & Th		9/29-2/25		
C	T & Th	9/29-2/16		15,000 yen		
D	Th	10/1-2/4			36h (18 times)	9,000 yen
	F	10/2-2/5				
I	Study beginner level materials while pursuing the basics of daily-life conversational skills.	T & Th		6:30-8:00p	9/29-2/16	54h (36 times)
II		F	10/2-2/4		27h (18 times)	7,000 yen
III	Review beginner level materials while studying Japanese more comprehensively.	T	9/29-2/16		27h (18 times)	7,000 yen

Charlie's Recipe Corner

Nice Cream

I have had this recipe multiple times a week for about a month now. It is so incredibly easy, cheap, simple, adaptable and absolutely delicious. It almost magic how frozen bananas can turn into a sweet creamy treat almost identical to soft serve ice cream when put into a food processor.

I try to buy bananas when they are sale as they are cheaper and riper. I freeze a bunch of ripe bananas at a time and store them in an airtight container in my freezer so I can make this recipe literally anytime. I have made peanut butter nice cream, strawberry mango nice cream, chocolate peanut butter nice cream. blueberry nice cream... so much variety in one simple recipe.

One tip: if you want other fruit's flavors to be stronger, use more of that fruit than banana. The banana is needed for the creaminess but it is easy to have the other flavors not be strong enough.

That said, the good thing about this recipe is that even the mistakes are delicious so have fun with it!

METHOD

1. Break or cut the banana into bite-sized pieces and freeze until solid
2. Put the frozen banana chunks (and optional ingredients) into a food processor with a splash of milk and blend until smooth
 - a. If the mixture is too chunky or won't blend, add another splash of milk and blend more
 - b. Scrape down the sides with a spoon as needed
3. Once smooth and similar to soft-serve ice cream, serve in a chilled bowl and enjoy



Ingredients (1 serving)	
Frozen banana pieces	1 banana
Milk of choice	As needed
Other fruit or mix-ins	To taste

Suggested add-ins

- Strawberry+Mango
- Peanut butter
- Pineapple and coconut milk
- Cocoa powder and a dash of vanilla

中央区白山公園にて

8月



The head of the NIEF, Mr. Mashima, drew this picture for you to color!
Take in the scenery of the lotus pond in Hakusan Park.

Notices

International Friendship Center Exchange Salon Exhibition: 8 Wards of Niigata City

Through this exhibition, we will introduce some of the best of each ward.

Dates: August 4th (Tue) – September 26th (Sat) 9:00–17:00

Closed: Sun., Holidays, and the 4th Mon. each month

Place: Niigata International Friendship Center (CrossPal 2F)

For more info: 025-225-2727 (NIEF)

Sake Lecture & Tasting

A certified sake master will lecture about sake in English.

Date: August 8th & 29th (Sat) 14:00–15:30

Place: Gotokuya Jube Café & Shop

Fee: ¥2,500

For more info:

https://www.facebook.com/EDGEOFNIIGATA/events/?ref=page_internal

PSA: Disposing of Electronics

Household electronics that have built in batteries cannot be throw away with the “non-burnable trash” because it can be a fire hazard. Be sure to throw these electronics in the “Specified Items” trash.



Niigata City ALT Job Opening

The Niigata Municipal School System is now hiring Assistant Language Teachers. For more information, please check their website.

Contract Duration: September 7th, 2020–March 31st, 2021

Application dead line: August 12th (Wed)

Contact: 025-226-3263 (Niigata City Board of Education)

URL: <https://www.city.niigata.lg.jp/kosodate/gakko/oshirase/20200821saiyousenkou.html>

Foreign Resident Consultation Center of Niigata

They provide various free consultations for foreign residents. See below for information about upcoming events.

Reservations: Please make a reservation by phone call or email in advance.

Place: Foreign Resident Consultation Center of Niigata (2nd floor of Toki Messe)

TEL: 025-241-1881

Email nia10@niigata-ia.or.jp

◆ Immigration Procedures Consultation

The Immigration Bureau holds a temporary information and consultation once a month. Come and ask questions related to immigration and residency status.

Date: August 11th (Tue) 13:00–17:00

Languages: Japanese, Thai, Vietnam, Chinese

◆ Gyoseishoshi Association of Niigata Consultation

Niigata Prefectural Gyosei Shoshi (Administrative Clerk) main office provides a free consultation once a month.

Date: August 26th (Wed) 10:00–17:00

Languages: Japanese, Chinese

◆ Free Legal Consultation for Foreign Residents

There will be an opportunity to visit with a lawyer and receive free consultation regarding legal matters.

Date: September 17th (Thu) 13:00–17:00

Languages: Japanese, English, and more

Length of Consultation: 40 minutes per person

PSA: Special Cash Payment Deadline

Have you applied to receive the ¥100,000 COVID stimulus payment? The deadline is August 17th (Mon)! For inquiries call 0570-012-085 (Niigata City Special Cash Payments Center)



Classes

Japanese Courses offered by the Niigata City International Exchange Foundation

Beginner through Intermediate 2	-Classes of varying difficulties are available at different times throughout the week. -Pricing info & the Autumn Session Schedule are available in the "Support for Foreign Nationals" section of the NCIEF website: https://www.nief.or.jp/	Ms. Kiyoko Tanaka Tel: (025) 225-2727
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Japanese Study Support Group for Children & Students: Niko Pal Club (Free of charge)

Day of the week & Hours	Room No.	Content	For more info.
Every Sat 10:00 – 12:00 (but Aug. 15 th)	202	This Japanese study circle offers support to children in the international community who are struggling with Japanese and other school studies.	Ms. Kiyoko Tanaka Tel: (025) 225-2727
Every Wed 9:30 – 11:30	202	To help students get the Japanese language skills needed to go to school in Japan.	

Himawari / Kotonoha at Hayadori Community Center (37-1 Hayadori, Kita Ward)

Every Wed & Sat (but Aug. 12 th – 15 th) 15:00 - 18:00	Japanese Study Support for children Copy Fee	Ms. Kawasaki Tel: (090) 2756-0967
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Japanese Classes by Volunteer Groups at CrossPal Niigata

Day of the week	Hours	Room No.	Level	Fee	Organizations & Info
Every Wed (but Aug. 12 th)	13:00 - 14:30	201 or 202	Beginners (returning students only for now)	¥500/ month	Niigata Nihongo Kaiwa Kyoshitsu
Every Thu (but Aug. 13 th)	13:00 - 14:30	201 or 202			
Every Fri	13:00 - 14:30	201, 202 or 306	Beginners & Advanced Beginners	Cost of materials	Niigata Nihongo Gakushu Kai
Every Sat (but Aug. 29 th)	10:30 - 12:00	201 or 306	Advanced Beginners	¥500/ month	Waon
First & Third Sat (No classes in August)	10:30 – 12:00	309	Newspaper Class (Intermediate)	Cost of materials	Yaponika
Every Sun (but Aug. 16 th)	15:00 - 16:30	201	Introduction - Beginners	Cost of textbook	Niigata Nihongo Volunteer

Nihongo Kyoshitsu Waon II at Higashi Ward Plaza (1-4-1 Shimokido, Higashi Ward)

First & Third Tue of the month: August 4 th & 18 th	10:00–14:00 Beginners– Fee: ¥300/ time	Ms. Takenaka Tel: (025) 277-3621
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Nihongo for Foreign Residents at Ekinan Community Center (4-12-20 Yoneyama, Chuo Ward)

Every Sun (No classes in August)	10:00–12:00 Beginners – Advanced Fee: ¥2,000/month	Ms. Nagai Tel: (090) 2849-8425
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Konnichiwa! Nihongo at Kobari Elementary School Volunteer Room (2-36-1 Kobari, Nishi Ward)

Every Thu (No classes in August)	10:00–11:30 Beginners – Advanced Fee: ¥300/month	Ms. Wakatsuki Tel: (080)8431-0310
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Taiken Nihongo Kyoshitsu at Nishi Chiku Kominkan (603 Uchino, Nishi Ward)

Every Tue (No classes in August)	10:00–12:00 Beginners–Advanced One term ¥3,500 + Textbook & Copy Fee	Nishi Chiku Kominkan Tel: (025) 261-0031
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Iroha Nihongo Kyoshitsu at Kuzutsuka Community Center (1-1-18 Toei-cho, Kita Ward)

Every Sat (No classes in August)	10:00–12:00 Beginners – Advanced Fee: ¥1,000/month	Mr. Hasegawa Tel: (080) 4058-6640
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Akiha Nihongo Kyoshitsu at Niitsuchiku Kominkan (2-5-6 Niitsu Higashi-cho, Akiha Ward)

Every Thu (No classes in August)	13:00–15:00 Beginners – Advanced Fee: ¥1,000/month	Mr. Hasegawa Tel: (080) 4058-6640
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Shirone Nihongo Volunteer at Shironechiiki Seikatsu Center (1136-1 Shirone, Minami Ward)

Every Sun & online by appt	19:00 – 21:00 Beginners – Intermediate Fee: ¥200 / time	Mr. Hasegawa kocobo.niigata.shirone@gmail.com
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Cultural Classes

International Cooking Class	There are no classes in August For more info call: 0250-24-6859 Ms. Ueno	
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Consultation Services

Niigata Help Association TEL: 025-228-2212	Every Day: 10:00 – 23:00 Spanish, English, Korean, Chinese, Filipino, Thai, etc.
Niigata International Association TEL: 025-241-1881 Email: nia21c@niigata-ia.or.jp URL: http://www.niigata-ia.or.jp/	English: Mon & Thu 10:00–14:00 Thai: Tue 10:00–14:00 Chinese: Wed 10:00–14:00 Filipino: Mon 10:00–14:00 etc.
Helpline for Foreigners TEL: 0120-279-338	Call the toll-free number and press 2 after the Japanese guidance
Niigata Medical Care Information Network URL: http://qq.niigata-iyaku.jp/	English, Chinese, Korean
Hello Work, Foreigner Advisory Service TEL: 025-280-8609 Niigata Misaki Godo Chosha #2 (1-2-1 Misaki-cho, Chuo Ward, Niigata City)	1 st – 4 th Wed 13:00 – 16:00 English & Chinese



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CrossPal will be closed on August 24th