

Niigata English Journal

Edited & Issued by the Niigata City International Exchange Foundation
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This is a Giant Kite from Shirone. They hold the Giant Kite Battle every year in June. It is a great festival to see and is unique to Niigata!

Notices & Upcoming NCIEF Events

Free Legal Consultation for Foreign Residents



Need legal advice? On Friday, June 16th there will be an opportunity to visit with a lawyer and receive free consultation regarding legal matters. If you don't speak Japanese, then an interpreter will be provided for you.

Date: June 16th (Fri) 13:00~17:00 **Place:** CrossPal Niigata 2nd floor

Requirements: Must be non-Japanese resident living and working in Niigata
Language Support Available: English, Chinese, Korean, French, and Russian
Places Available: 5 (reservations required)

Length of Consultation: 45 minutes per person

Reservations: Please tell us your name, nationality, phone number, sex, and what you wish to discuss.

For more info/reservations: 025-225-2727 or email kyokai@nief.or.jp



Free Medical Consultation for Foreign Residents

There will be free mini health check-ups available (chest x-ray, blood pressure check, weight check, etc) along with various medical professionals that will be available to talk with: dentist, social worker that will help with understanding medical care, insurance and welfare, and others.

Date: June 4th, (Sun) 10:00~14:30

Place: CrossPal Niigata 2nd floor

Requirements: Must be non-Japanese resident living and working in Niigata

Language Support Available: English, Chinese

Reservations: Applications can be found on our HP or from the email below. Please fill it out, and return it in person or via email.

For more info/reservations: 025-225-2727 or email kyokai@nief.or.jp

Oshaberi Salon

Your neighborhood Niigata City CIRs each host conversation (oshaberi) hours where they talk and lead discussions in Japanese about topics related to their home country and cross-cultural understanding. Here are this month's events!

Oshaberi Salon- Russia

This will be led by Yuriya, the city's Russian CIR. This session will be about Russian superstitions.

When: June 13th (Tue) 14:00~15:00

Place: CrossPal Niigata 2nd floor Exchange Salon (NCIEF)



Oshaberi Salon- France

This will be led by Sam, the city's French CIR. This session will be about French people's ways of thinking.

When: June 22nd (Thu) 14:00~15:00

Place: CrossPal Niigata 2nd floor Exchange Salon (NCIEF)



More information**Immigration Bureau Temporary Info Center**

Aimed at foreign residents living in the prefecture, the Immigration Bureau will be holding a temporary information and consultation center this month for ONE DAY ONLY. Come and ask questions related to immigration and residency status.

Date: June 16th (Fri) 10:00~12:00, 13:00~15:00

Languages: English, Chinese, Thai, Japanese, Tagalog

Place: Niigata Prefecture International Association (2nd floor of Toki Messe)

Reservations: Only Walk-ins or Phone consultations (025-241-1881)

For more info: 03-5796-7250 Tokyo Immigration Bureau

2017 Fiscal Year Tax Declaration Certificate

The certificate outlining your income tax information based your 2016 fiscal year earnings will be sent out on or after June 14th. If you have your income taxes coming out of your paychecks directly, your certificate was sent out on May 15th. Please keep this certificate in a safe place as you might need it to show how much you paid in taxes or how much you earned in a year.

Charlie's Recipe Corner**Cold Shabu Shabu Pork**

This is more a cooking method rather than a recipe but it is perfect for summer and something I also wanted to try! Shabu shabu literally means “swish swish” in hot water and is usually eaten as a type of hot pot during the colder months.

Things to keep in mind:

1. You want to use thinly sliced pork with as little fat as possible (when chilled, fat gets hard and you want your shabu shabu to be soft). They do sell meat specifically for this, labeled しゃぶしゃぶ用.
2. Cooking the meat in boiling water will cook it too fast and it will get hard.
3. Throwing all of the meat in at once will make it clump and it will not cook right.

This meat can be used in a bunch of different dishes. Salads of greens or cold noodle dishes are a common places you can find cold shabu shabu pork. This meat is also great in bentos or served on its own. Either way, a dressing or a sauce (I recommend sesame seed dressing (goma) or a soy sauce based sauce) is often poured over the meat right before serving.

**Ingredients (1 serving)**

Pork	100g
Dressing/sauce	As needed

METHOD

1. Bring a pot of water to boil
2. Turn the heat to medium low
3. Take 1~4 pieces of the meat and swish and swirl it around in the water until no longer pink
4. Remove from pot and place into a bowl of ice water
5. Repeat steps 3 and 4 until you have cooked all of the meat
6. Drain off all of the water and serve



Events

Key: G-General; U-University Students; H-High School; J-Junior High School; E-Elementary School

Niigata International Friendship Center Exchange Salon

Exhibition of an International Painting Competition
Date: May 19th (Fri) ~ June 30th (Fri) 9:00~17:00
Closed: Sundays, Holidays, and the 4th Mon. of every month
Place: Niigata International Friendship Center (Crosspal 2F)
For more info: 025-225-2727(NCIEF)

The 27th Niigata International Film Festival

7 films from 5 different countries will be shown.
 This film festival is run by Niigata citizen volunteers.
Date: June 2nd (Fri) ~ 9th (Fri)
Place: Crosspal Niigata & Cine Wind (2-1-1 Yachiyo Chuo-ku)
Admission Fee: In advance ¥1,000, at the door ¥1,100
URL: <http://www.niffec.com>
For more info call: 080-3312-8699
 (Niigata Kokusai Eigasai Jikko linkai)

The 3rd Mongolian Sumo Wrestling Tournament

The event will also feature Mongolian folk costumes, folk dances, etc.
Date: June 10th (Sat) 13:00~
Place: Yasuragitei bank of Shinano River (in front of Ryutopia)
Fee: Free
For more info call: 025-267-4843
 (Niigata Uchi Mongol Jichiku Shinzen Koryu Kyokai)

The 14th Japanese Speech Contest in Niigata

Date: June 24th (Sat) 12:30~16:00
Place: Toki Messe (Bandaijima Chuo Ward)
Theme: Message from the ocean
For more info: <http://www.air.ac.jp>

Shirone Giant Kite Battle and Festival

Historical giant kites fly at Nakanokuchi River bank
Date: June 1st (Thu) ~ 5th (Mon)
Place: Nakanokuchi River Bank (Minami Ward)
Fee: Free
URL: <http://www.shironekankou.jp/tako/>
For more info call: 025-372-6505 (Minami Ward Office)

The Niigata Saito Family Villa Short Tour

Volunteer guides will show you the beautiful rooms and garden for 30 minutes in English
Date: June 13th (Tue) 10:00 ~ 11:30
 June 15th (Thu) 10:00 ~ 11:30
Place: The Niigata Saito Family Villa
 (576 Nishi Ohatacho Chuo Ward)
Entrance fee: G ¥300 / J·E ¥100
Advance Application: Not required
For more info: kazuyoshi_maeda@hotmail.co.jp
 (English guide instructor Kazuyoshi Maeda)

Somi City Walk

Walk with city guide in historical Somi area
Date: June 25th (Sun) 10:00~12:00
Place: around Somi area
Fee: ¥500
Numbers of Participants: 30 People
For more info call: 025-385-2001 (Northern Culture Museum)

The Little Prince

Musical play based on The Little Prince.
Date: June 29th (Thu) 19:00~
Place: Niigata City Ongaku Community Hall
 (3-2 Ichibanbori-dori cho Chuo Ward)
Fee: G ¥6,500
For more info call: 025-224-5521 (Ryutopia)

Community Bulletin Board

Niigata Prefectural Gyosei Shoshi (Administrative Clerk) Main Office Free Consultation for Foreign Nationals (Reservations Required)

1. Niigata Prefectural Gyosei Shoshi Niigata Branch Office

Date: June 18th (Sun) 11:00~15:00
Place: Kurosaki City Hall (Nishi Ward)
Contact: 090-2227-0401 (Ms. Nakazawa)

2. Gyoseishoshi Association of Niigata

Date: June 28th (Wed) 10:00~14:00
Place: Toki Messe
Contact: 025-290-5650
 (Gyoseishoshi Association of Niigata)

Host Families Wanted!

Families who can host university exchange students for one night two days are wanted.

* Host Family Program

Date: July 29th (Sat) ~ 30th (Sun)

* Host Family Lecture

Date: June 17th (Sat) 10:30~

Place: Crosspal Niigata

Application: By phone

For more info call: 025-225-2727 (NCIEF)

Niigata Prefecture International Students' Job Fair 2018

Date: June 9th (Fri) 13:00~
Place: Niigata Citizens Plaza (NEXT21 6F)
Application: Please apply to placement office of each university and college
URL: http://www.erina.or.jp/activities/business/job_fair/
For more info call: 025-290-5545 (ERINA)

Let's Speake English! (English Salon)

Sponsored by the Niigata Galveston Committee, a native English speaker leads this conversation hour to communicate with participants in English.

Date: July 8th (Sat) 14:00~15:30

Place: Niigata International Friendship Exchange Salon (Crosspal 2F)

Fee: ¥300

Numbers of Participants: 15 People

Application: Please make a phone call or send an email

For more info call: 025-225-2727(NCIEF)

E-mail: r.saito@nief.or.jp



Classes

Japanese Courses offered by the Niigata City International Exchange Foundation

Beginner through Intermediate 2	-Classes of varying difficulty are available at different times throughout the week. -Pricing info & the Spring Schedule are available in the "Support for Foreign Nationals" section of the NCIEF website: http://www.nief.or.jp/	Ms. Rika Saito Tel: (025) 225-2727
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Japanese Study Support Group for Children & Students: Niko Pal Club (Free of charge)

Day of the week & Hours	Room No.	Content	For more info.
Every Sat 10:00 – 14:30	202	This Japanese study circle offers support to children in the international community who are struggling with Japanese and other school studies.	Ms. Rika Saito Tel: (025) 225-2727
Every Wed 10:00 – 12:00	202	To support the Japanese studies of high school-age children	

Kotonoha at Hayadori Community Center (37-1 Hayadori Kita-ku)

Every Wed & Sat	15:30 - 17:30	Japanese Study Support for children Copy Fee	Ms. Kawasaki Tel:(090) 2756-0967
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Japanese Classes by Volunteer Groups at Crosspal Niigata

(Free of charge except for material costs! Just show up at the location listed below!)

Day of the week	Hours	Room No.	Level	Organizations & Info
Every Wed	13:00 - 14:30	201 or 202	Beginners	Niigata Nihongo Kaiwa Kyoshitsu ¥500/ month
Every Thu (but June 1 st & 29 th)	13:00 - 14:30	201 or 202	Beginners	
Every Fri	13:00 - 14:30	201, 202 or 309	Beginners & Advanced Beginners	Niigata Nihongo Gakushu Kai
Every Sat	10:30 - 12:00	201 or 306	Advanced Beginners	Waon ¥500/ month
Every Sat (but June 24 th)	10:30 - 12:00	307 or 309	Newspaper Class (Intermediate)	Yaponika
Every Sat	13:00 - 14:30	303, 306 or 309	Intermediate	Yaponika
Every Sun	15:00 - 16:30	201 or 202	Introduction - Beginners	Niigata Nihongo Volunteer

Nihongo Kyoshitsu Waon II at Higashi-ku Plaza (1-4-1 Shimokido Higashi-ku)

June 6 th & 20 th (Tue)	10:00 - 14:00	Fee: ¥300 per time	Ms. Takenaka Tel:(025) 277-3621
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Nihongo for Foreign Residents at the Ekinan Community Center 2F (4-12-20 Yoneyama Chuo-ku)

Every Sun	10:00 - 12:00	Fee: ¥2,000/month	Ms. Motomura Tel:(080) 5485-3796
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Konnichiwa! Nihongo at Kobari Elementary School Volunteer Room (2-36-1 Kobari Nishi-ku)

Every Thu	10:00 – 11:30	Beginners – Advanced Fee: ¥300	Ms. Wakatsuki Tel: (025) 265-3140
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Taiken Nihongo Kyoshitsu at Nishi Chiku Kominkan (603 Uchino Nishi-ku)

Every Tue	10:00 - 12:00	Beginners – Advanced One term ¥3,500+ Textbook & Copy Fee	Nishi Chiku Kominkan Tel: (025)261-0031
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Iroha Nihongo Kyoshitsu at Kuzutsuka Community Center (1-1-18 Toei-cho Kita-ku) URL: irohanihongo.jimdo.com

Every Sat	10:00 - 12:00	Beginners Fee: ¥500/month	Mr. Hasegawa Tel: (080) 4058-6640
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Akiha Nihongo Kyoshitsu at Niitsu Chiiki Gakuen (2-5-6 Niitsu Higashicho Akiha-ku)

Every Thu	13:00 – 14:30	Beginners Fee: ¥500/month	Mr. Hasegawa Tel: (080) 4058-6640
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Maki Nihongo Kyoshitsu at Makichiku Kominkan (635 Makiko Nishikan-ku)

Every Thu (but June 15 th)	19:00 – 20:45	Beginners - Intermediate One term ¥3,500+ Textbook & Copy fee	Ms. Fujita Tel: (090) 4072-3840
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Cultural Classes

International Cooking Class	When: June 24 th (Sat) & 25 th (Sun) 11:00~14:00 Fee: Foreign residents ¥1,800; Japanese citizens ¥3,500 Where: Ms. Ueno's residence (3-4-16 Ogikawa Akiha-ku) Menu: Seasonal Spanish dishes (pinchos, gazpacho, paella and more!) Please sign up at least three days before class. For more info call: Ms. Ueno 0250-24-6859		
Tai Chi	June 1 st , 8 th , 15 th , 22 nd (Thu) 13:00 – 14:30 Fee: Instructor's transportation expenses	Led by Mr. So	CrossPal Niigata 5F Exchange Hall 2 For more info call: 025-229-0140 Mr. Itoda

Consultation Services

Niigata Help Association TEL: 025-228-2212	Every Day: 9:00-23:00 Spanish, English, Korean, Tagalog, Thai, Chinese, etc.
Niigata International Association TEL: 025-241-1881 Email: nia21c@niigata-ia.or.jp URL: http://www.niigata-ia.or.jp/	English: Thu 10:00~14:00 Thai: Tue 10:00-14:00 Chinese: 1 st , 3 rd , 5 th Wed 10:00-14:00
Helpline for Foreigners TEL: 0120-279-338	Call the toll-free number and press 2 after the Japanese guidance
Niigata Medical Care Information Network URL: http://qq.niigata-iyaku.jp/	Site available in Japanese Only
Hello Work, Foreigner Advisory Service TEL: 025-280-8609 Niigata Misaki Godo Chosha #2 (1-2-1 Misaki-cho, Chuo-ku, Niigata-shi)	1 st ~ 4 th Wed 13:30-16:00 English & Chinese

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(Written and edited by Charlene Woolson & Ayako Homma)

CrossPal will be
closed on
June 26th.